

GREAT GRANOLA

INGREDIENTS

2 cups rolled oats
1/3 cup wheat germ
¼ cup slivered almonds
¼ cup chopped pecans
¼ cup chopped walnuts
¼ cup unsalted sunflower seeds
1/3 teaspoon salt
¼ cup dark brown sugar
¼ cup maple syrup
¼ cup honey
¼ cup grape seed oil
¼ teaspoon ground cinnamon
½ tablespoon vanilla extract
½ cup dried cranberries (or raisins or other dried fruit)

DIRECTIONS

Preheat oven to 225-degrees. Mix all ingredients together in a bowl. Place a sheet of parchment paper on a baking tray and spread granola mixture evenly over the paper. Bake for about 20-minutes. Turn mixture so all elements are baked evenly and bake another 20 minutes. Allow granola to completely cool and then store in airtight container.

Sprinkle over yogurt or cereal or enjoy as a yummy snack. For a delicious offering, fill jars with granola and gift to friends and loved ones.



Recipe adapted from Williams-Sonoma Courtesy: www.celebrate-creativity.com